

# Self-Employment for ME



**Have you ever thought about owning your own business?**

The Office of Aging and Disability Services will be offering **FREE** business classes over Zoom for individuals who are interested in launching their own small business.

The business class series is being offered as part of the Self-Employment for ME Pilot Project and in partnership with New Ventures Maine.

**Learn how you can turn an interest or talent into a job you love!**

Join the **FREE** 10-week business class series to learn:

- How to turn your self-employment idea into a working business
- How to develop a plan to get your business started
- How to market your business using personal networks, social media, and other methods
- How to find customers to buy your service or product
- How to connect with resources and supports to help you launch and run your business

What you will need to attend the business class series:

- A strong interest in creating and running your own business
- A laptop, I-Pad, or computer with internet connection
- The ability to attend each weekly class over Zoom (**Wednesdays from 10am-11:30am**)
- A certified Career Planner or Employment Specialist to support you during each class and to help you with completing assignments
- Have up to 3-4 hours of time available a week to commit to participation in class and completion of take-home activities

The next business class series begins **January 15th, 2025**, and will end **March 19th, 2025**.

*Space is limited so please complete the form below now to apply*



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Please complete this form if you are interested in attending the 10-week business series on self-employment and send to **Elizabeth.Korson@maine.gov**

Name:	Address:
Phone Number:	Email Address:
Case Manager :	CCM Email Address:
Career Planner or Employment Specialist:	CP/ES Email Address: Phone Number:
Voc Rehab Counselor:	VRC Email Address:

**Do you receive Section 21 or Section 29 Waiver Services?**

**Do you have computer and internet access?**

**Have you used Zoom to attend a meeting before?**



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Why do you think self-employment would be a good fit for you?

What kind of business are you interested in owning?

What skills do you have to help you start and run your own business?

What supports do you have available to help you attend each class and complete take home activities?

**We look forward to hearing from you and learning more about your business idea!**

